

Lismore Workers Swim Team

Club Night

Lismore Memorial Pool - Friday, 4 November 2016

RESULTS

| <i>Swimmer</i> | <i>Meet Age</i> | <i>Distance</i> | <i>Stroke</i> | <i>Event Division</i> | <i>Prev PB</i> | <i>Time</i> | <i>Promotion Time</i> |
|---------------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|----------------------------|
| ALLEN, Darcey | 11yrs | 50m | Free | Div 2 | 55.36 | 57.13 | (37.00) |
| | | 25m | Fly | Div 3 | 25.65 | 30.85 | (25.00) |
| | | 50m | Back | Div 2 | 56.57 | 1:05.00 | (46.00) |
| | | 50m | Breast | Div 2 | 1:10.45 | NS | (49.00) |
| BENNIE, Monica | 10yrs | 50m | Free | Div 2 | 51.28 | 49.03 | PB (37.00) |
| | | 50m | Back | Div 2 | 1:03.31 | 1:03.52 | (46.00) |
| | | 25m | Breast | Div 3 | 29.70 | 27.32 | PB (29.00) ▲ |
| BLIGH-JONES, Evelyn | 12yrs | 50m | Free | Div 2 | 49.82 | 48.56 | PB (37.00) |
| | | 25m | Fly | Div 3 | 29.35 | 32.47 | (25.00) |
| | | 50m | Back | Div 2 | 1:02.68 | 1:08.45 | (46.00) |
| | | 50m | Breast | Div 2 | 1:00.90 | 1:04.13 | (49.00) |
| BLIGH-JONES, Hamish | 6yrs | 25m | Free | Div 3 | 1:32.30 | 1:04.49 | PB (24.00) |
| | | 25m | Back | Div 3 | 56.71 | 1:08.27 | (28.00) |
| BLIGH-JONES, Josie | 10yrs | 50m | Free | Div 2 | | 1:03.27 | TT (37.00) |
| | | 25m | Fly | Div 3 | 36.49 | 42.14 | (25.00) |
| | | 25m | Back | Div 3 | 29.64 | 33.17 | (28.00) |
| | | 25m | Breast | Div 3 | 29.47 | 32.34 | (29.00) |
| BROWN, Sophie | 10yrs | 25m | Free | Div 3 | 31.56 | 30.18 | PB (24.00) |
| | | 25m | Breast | Div 3 | 35.59 | NS | (29.00) |
| BULLPITT, Michael | 8yrs | 50m | Free | Div 2 | 47.03 | 42.62 | PB (37.00) |
| | | 25m | Fly | Div 3 | | 22.81 | TT (25.00) ▲ |
| | | 50m | Back | Div 2 | | 55.55 | TT (46.00) |
| | | 50m | Breast | Div 2 | 1:02.97 | 1:04.28 | (49.00) |
| BULLPITT, William | 7yrs | 25m | Free | Div 3 | 29.43 | 25.67 | PB (24.00) |
| | | 25m | Back | Div 3 | 35.05 | 32.25 | PB (28.00) |
| | | 25m | Breast | Div 3 | 38.16 | 36.76 | PB (29.00) |
| BUTTON, Jacqueline | 7yrs | 25m | Free | Div 3 | 24.87 | 23.39 | PB (24.00) ▲ |
| | | 25m | Fly | Div 3 | 35.35 | 40.21 | (25.00) |
| | | 25m | Back | Div 3 | 31.41 | 31.51 | (28.00) |
| | | 25m | Breast | Div 3 | 30.85 | 33.16 | (29.00) |
| CAMERON, Ellie | 15yrs | 100m | Breast | --- | | 1:44.90 | PTT |
| | | 50m | Fly | Div 2 | | 42.97 | TT (38.00) |
| | | 50m | Back | Div 2 | | 44.48 | TT (46.00) ▲ |
| | | 50m | Breast | Div 1 | 47.57 | 47.78 | |

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|------------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|-----------------------|
| CRICK, Olivia | 11yrs | 50m | Free | Div 2 | 45.57 | 46.18 | (37.00) |
| | | 25m | Fly | Div 3 | 25.28 | 25.54 | (25.00) |
| | | 50m | Back | Div 2 | 55.01 | NS | (46.00) |
| | | 50m | Breast | Div 2 | 1:07.37 | NS | (49.00) |
| CRICK, Reuben | 9yrs | 25m | Free | Div 3 | 25.67 | 25.31 | PB (24.00) |
| | | 25m | Back | Div 3 | 34.94 | 29.52 | PB (28.00) |
| | | 25m | Breast | Div 3 | 30.68 | 38.26 | (29.00) |
| CURTIS, Torren | 8yrs | 25m | Free | Div 3 | 31.30 | 33.07 | (24.00) |
| | | 25m | Fly | Div 3 | 41.46 | 46.03 | (25.00) |
| | | 25m | Back | Div 3 | 37.34 | 37.92 | (28.00) |
| | | 25m | Breast | Div 3 | 37.50 | 40.70 | (29.00) |
| DE ZEN, Chelsea | 8yrs | 25m | Free | Div 3 | 41.12 | 38.02 | PB (24.00) |
| | | 25m | Back | Div 3 | 46.58 | 45.81 | PB (28.00) |
| EVERSON, Aaron | 9yrs | 200m | Breast | --- | | 4:06.89 | TT |
| | | 50m | Fly | Div 2 | 58.47 | 58.82 | (38.00) |
| | | 50m | Back | Div 2 | 52.78 | 57.54 | (46.00) |
| | | 50m | Breast | Div 2 | 54.61 | 56.53 | (49.00) |
| EVERSON, Joel | 13yrs | 100m | Free | --- | 1:52.18 | 1:23.00 | PB |
| | | 50m | Fly | Div 2 | 43.88 | 44.74 | (38.00) |
| | | 50m | Back | Div 2 | 47.30 | 47.72 | (46.00) |
| | | 50m | Breast | Div 2 | 49.60 | 50.30 | (49.00) |
| EVERSON, Ryan | 18yrs | 50m | Free | Div 2 | 29.93 | 31.43 | (37.00) ▲ |
| | | 50m | Fly | Div 1 | 36.45 | 39.52 | |
| | | 100m | Back | Div 1 | 1:28.76 | 1:38.31 | |
| | | 50m | Breast | Div 1 | 36.97 | 39.18 | |
| FREUND, Georgina | 9yrs | 50m | Free | Div 2 | 55.77 | 55.41 | PB (37.00) |
| | | 25m | Fly | Div 3 | 32.27 | 34.64 | (25.00) |
| | | 50m | Back | Div 2 | 1:11.15 | 1:10.92 | PB (46.00) |
| | | 25m | Breast | Div 3 | 29.09 | 30.97 | (29.00) |
| FREUND, Harriet | 11yrs | 100m | Breast | --- | 2:00.94 | 2:01.78 | |
| | | 50m | Fly | Div 2 | 1:05.27 | 1:03.37 | PB (38.00) |
| | | 50m | Back | Div 2 | 53.36 | 55.86 | (46.00) |
| | | 50m | Breast | Div 2 | 55.17 | 56.36 | (49.00) |

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|-------------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|-----------------------|
| GORMAN, Alanah | 15yrs | 200m | Free | --- | 2:53.87 | 2:47.09 | PB |
| | | 50m | Fly | Div 2 | 38.01 | 40.32 | (38.00) |
| | | 100m | Back | Div 1 | 1:32.22 | 1:43.96 | |
| | | 50m | Breast | Div 1 | 46.88 | 48.30 | |
| GORMAN, Drue | 11yrs | 100m | Free | --- | 1:32.95 | 1:24.04 | PB |
| | | 50m | Fly | Div 2 | 45.18 | 44.25 | PB (38.00) |
| | | 100m | Back | Div 1 | | 1:37.19 | PTT |
| | | 50m | Breast | Div 2 | 51.43 | 51.62 | (49.00) |
| GORMAN, Sienna | 8yrs | 100m | Free | --- | | 1:44.82 | TT |
| | | 50m | Fly | Div 2 | 51.45 | 59.06 | (38.00) |
| | | 50m | Back | Div 2 | 49.84 | 57.60 | (46.00) |
| | | 50m | Breast | Div 2 | 1:01.21 | 1:02.18 | (49.00) |
| GORMAN, Sinead | 16yrs | 200m | Free | --- | 2:39.39 | 2:49.04 | |
| | | 50m | Fly | Div 2 | 39.17 | 40.91 | (38.00) |
| | | 100m | Back | Div 1 | 1:26.09 | 1:32.81 | |
| | | 50m | Breast | Div 1 | 47.29 | 54.71 | |
| HALLIDAY, Caitlyn | 7yrs | 100m | Free | --- | | 2:05.00 | TT |
| | | 50m | Fly | Div 2 | 1:11.38 | 1:04.34 | PB (38.00) |
| | | 50m | Back | Div 2 | 55.06 | 1:00.91 | (46.00) |
| | | 50m | Breast | Div 2 | 1:02.08 | 1:05.46 | (49.00) |
| HALLIDAY, Tahlia | 10yrs | 100m | Breast | --- | 2:00.53 | 1:58.49 | PB |
| | | 50m | Fly | Div 2 | 51.25 | 53.36 | (38.00) |
| | | 50m | Back | Div 2 | 49.62 | 50.54 | (46.00) |
| | | 50m | Breast | Div 2 | 53.89 | 57.81 | (49.00) |
| HAMSHAW, Carly | 12yrs | 100m | Free | --- | 1:14.00 | 1:16.16 | |
| | | 50m | Fly | Div 2 | 41.17 | 41.29 | (38.00) |
| | | 50m | Back | Div 2 | 38.61 | 39.82 | (46.00) ▲ |
| | | 50m | Breast | Div 1 | 43.33 | NS | |
| HAMSHAW, Hayden | 50yrs | 100m | Free | --- | 1:10.56 | 1:09.45 | PB |
| | | 50m | Fly | Div 1 | 35.62 | 35.34 | PB |
| | | 50m | Back | Div 2 | 38.94 | 40.72 | (46.00) ▲ |
| | | 50m | Breast | Div 1 | 42.89 | 43.70 | |

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|--------------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|------------------|------------------|
| HAMSHAW, Jennifer | 12yrs | 100m | Free | --- | 1:28.81 | 1:16.89 | PB | |
| | | 50m | Fly | Div 2 | 43.63 | 39.34 | PB | (38.00) |
| | | 50m | Back | Div 2 | 40.08 | 41.62 | | (46.00) ▲ |
| | | 50m | Breast | Div 1 | 42.89 | 44.06 | | |
| HARVEY, Yazmin | 14yrs | 100m | Fly | --- | 1:28.54 | 1:25.02 | PB | |
| | | 50m | Fly | Div 1 | 35.56 | 36.64 | | |
| | | 100m | Back | Div 1 | 1:23.05 | 1:24.22 | | |
| HOWE, Matilda | 11yrs | 50m | Free | Div 2 | 46.29 | 49.16 | | (37.00) |
| | | 25m | Fly | Div 3 | 26.36 | 25.88 | PB | (25.00) |
| | | 50m | Back | Div 2 | 56.56 | 1:05.67 | | (46.00) |
| | | 50m | Breast | Div 2 | 1:00.01 | 1:08.63 | | (49.00) |
| HUNTER, Dashed | 12yrs | 50m | Free | Div 2 | 44.42 | 43.62 | PB | (37.00) |
| | | 50m | Back | Div 2 | 1:02.40 | 58.39 | PB | (46.00) |
| | | 50m | Breast | Div 2 | 1:04.91 | 1:03.00 | PB | (49.00) |
| KELLY, Lucas | 7yrs | 25m | Free | Div 3 | 25.31 | 32.09 | | (24.00) |
| | | 25m | Back | Div 3 | 30.83 | 31.93 | | (28.00) |
| | | 25m | Breast | Div 3 | 46.71 | 49.33 | | (29.00) |
| KELLY, Madeline | 9yrs | 25m | Free | Div 3 | | 23.14 | TT | (24.00) ▲ |
| | | 25m | Back | Div 3 | | 26.42 | TT | (28.00) ▲ |
| | | 25m | Breast | Div 3 | | 34.05 | TT | (29.00) |
| KILBURN, Blake | 8yrs | 50m | Free | Div 2 | 46.03 | 47.14 | | (37.00) |
| | | 25m | Fly | Div 3 | 27.10 | 28.58 | | (25.00) |
| | | 50m | Back | Div 2 | 54.35 | 57.96 | | (46.00) |
| | | 50m | Breast | Div 2 | 1:01.87 | 1:04.97 | | (49.00) |
| KILBURN, Harry | 10yrs | 100m | Free | --- | 1:25.83 | 1:22.31 | PB | |
| | | 50m | Fly | Div 2 | 47.43 | 48.77 | | (38.00) |
| | | 100m | Back | Div 1 | 1:41.59 | 1:40.28 | PB | |
| | | 50m | Breast | Div 2 | 53.79 | 58.53 | | (49.00) |
| LITTLEFORD, Sienna | 11yrs | 200m | Breast | --- | | 4:31.69 | TT | |
| | | 50m | Fly | Div 2 | 1:01.47 | 58.24 | PB | (38.00) |
| | | 50m | Back | Div 2 | 53.67 | 52.33 | PB | (46.00) |
| | | 50m | Breast | Div 2 | 1:01.47 | 1:02.86 | | (49.00) |

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|------------------------------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|-----------------------|
| MARSH, Harrison | 9yrs | 50m | Free | Div 2 | 50.71 | 52.91 | (37.00) |
| | | 25m | Fly | Div 3 | 27.78 | 26.25 | PB (25.00) |
| | | 50m | Back | Div 2 | 1:02.41 | 58.54 | PB (46.00) |
| | | 25m | Breast | Div 3 | 33.18 | 35.94 | (29.00) |
| MCEWAN BROKENSHA, Charlotte | 9yrs | 50m | Free | Div 2 | | 1:03.55 | TT (37.00) |
| | | 25m | Fly | Div 3 | 32.80 | 32.37 | PB (25.00) |
| | | 50m | Back | Div 2 | 1:01.27 | 1:01.47 | (46.00) |
| | | 25m | Breast | Div 3 | 39.34 | 37.82 | PB (29.00) |
| MENGER, Caroline | 12yrs | 100m | Breast | --- | | 1:56.81 | TT |
| | | 50m | Fly | Div 2 | 53.25 | 52.24 | PB (38.00) |
| | | 50m | Back | Div 2 | 50.86 | 52.09 | (46.00) |
| | | 50m | Breast | Div 2 | 50.12 | 52.61 | (49.00) |
| MENGER, Charlotte | 11yrs | 50m | Free | Div 2 | 44.06 | 45.06 | (37.00) |
| | | 50m | Fly | Div 2 | 1:03.19 | 1:03.96 | (38.00) |
| | | 50m | Back | Div 2 | 50.86 | 53.65 | (46.00) |
| | | 50m | Breast | Div 2 | 58.05 | 1:00.18 | (49.00) |
| MENGER, Emilie | 5yrs | 25m | Free | Div 3 | 1:30.21 | 1:21.00 | PB (24.00) |
| MENGER, Thomas | 9yrs | 50m | Free | Div 2 | 56.21 | 54.95 | PB (37.00) |
| | | 25m | Fly | Div 3 | 36.53 | 39.35 | (25.00) |
| | | 25m | Back | Div 3 | 29.07 | 29.54 | (28.00) |
| | | 50m | Breast | Div 2 | 1:04.51 | 1:04.47 | PB (49.00) |
| O'NEILL, Maleena | 19yrs | 50m | Free | Div 2 | 45.68 | 47.89 | (37.00) |
| | | 50m | Fly | Div 2 | 1:01.51 | 1:02.00 | (38.00) |
| | | 50m | Back | Div 2 | 54.17 | 54.33 | (46.00) |
| | | 50m | Breast | Div 2 | | NS | PTT (49.00) |
| O'REILLY, Layla | 11yrs | 100m | Free | --- | | 1:28.15 | TT |
| | | 50m | Fly | Div 2 | 51.54 | 46.18 | PB (38.00) |
| | | 100m | Back | Div 1 | | 1:41.00 | PTT |
| | | 50m | Breast | Div 2 | 59.75 | 58.91 | PB (49.00) |
| O'REILLY, Mia | 8yrs | 25m | Free | Div 3 | 24.49 | 24.25 | PB (24.00) |
| | | 25m | Fly | Div 3 | 33.72 | 42.06 | (25.00) |
| | | 25m | Back | Div 3 | 29.31 | 31.15 | (28.00) |

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|--------------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|------------------|-------------|---------|
| OSBORNE, Alissa | 8yrs | 25m | Free | Div 3 | 29.10 | 26.31 | PB | (24.00) | |
| | | 25m | Back | Div 3 | 28.91 | 34.01 | | (28.00) | |
| | | 25m | Breast | Div 3 | 35.32 | 48.51 | | (29.00) | |
| OSBORNE, Caitlyn | 12yrs | 50m | Free | Div 2 | 45.71 | 43.99 | PB | (37.00) | |
| | | 25m | Fly | Div 3 | 25.41 | 25.69 | | (25.00) | |
| | | 50m | Breast | Div 2 | 1:00.97 | 1:00.00 | | PB | (49.00) |
| POPE, Ella | 12yrs | 50m | Free | Div 2 | 50.48 | 46.93 | PB | (37.00) | |
| | | 25m | Fly | Div 3 | 25.02 | 25.77 | | (25.00) | |
| | | 25m | Breast | Div 3 | 31.71 | 33.99 | | (29.00) | |
| POPE, Rahni | 5yrs | 25m | Free | Div 3 | 52.58 | 48.17 | PB | (24.00) | |
| | | 25m | Back | Div 3 | 53.70 | 58.41 | | (28.00) | |
| UNDERHILL, Hunter | 11yrs | 100m | Breast | --- | | 2:10.34 | TT | | |
| | | 25m | Fly | Div 3 | 26.26 | 27.55 | | (25.00) | |
| | | 25m | Back | Div 3 | 28.84 | 30.49 | | (28.00) | |
| | | 50m | Breast | Div 2 | 1:02.12 | 1:04.42 | | (49.00) | |
| UNDERHILL, Hyraani | 7yrs | 50m | Free | Div 2 | | 1:02.09 | TT | (37.00) | |
| | | 25m | Fly | Div 3 | 41.99 | 37.54 | | PB | (25.00) |
| | | 25m | Back | Div 3 | 31.18 | 35.62 | | (28.00) | |
| | | 25m | Breast | Div 3 | 36.25 | 42.92 | | (29.00) | |
| VENABLES, Max | 8yrs | 25m | Free | Div 3 | 27.16 | 25.99 | PB | (24.00) | |
| | | 25m | Fly | Div 3 | 36.94 | 36.89 | | PB | (25.00) |
| | | 25m | Back | Div 3 | 32.34 | 37.78 | | (28.00) | |
| | | 25m | Breast | Div 3 | 38.81 | 42.21 | | (29.00) | |
| VOLPATO, Jada | 11yrs | 50m | Free | Div 2 | 1:03.28 | 1:02.27 | PB | (37.00) | |
| | | 25m | Fly | Div 3 | 30.69 | 34.73 | | (25.00) | |
| | | 50m | Breast | Div 2 | 1:05.27 | 1:09.43 | | (49.00) | |
| VOLPATO, Maya | 7yrs | 25m | Free | Div 3 | 41.17 | 44.55 | | (24.00) | |
| | | 25m | Fly | Div 3 | 1:13.71 | 54.93 | | PB | (25.00) |
| | | 25m | Breast | Div 3 | 44.93 | 53.86 | | (29.00) | |
| WALDER, Samuel | 6yrs | 25m | Free | Div 3 | 1:16.70 | 49.46 | PB | (24.00) | |
| | | 25m | Back | Div 3 | 56.93 | 49.76 | | PB | (28.00) |
| | | 25m | Breast | Div 3 | 1:11.63 | 1:09.70 | | PB | (29.00) |

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|----------------|-----------------|-----------------|---------------|-----------------------|----------------|----------------|-----------------------|
| WALDER, Tom | 13yrs | 100m | Free | --- | 1:28.40 | 1:23.24 | PB |
| | | 50m | Back | Div 2 | 47.04 | 50.13 | (46.00) |
| | | 50m | Breast | Div 2 | 57.59 | 53.99 | PB (49.00) |
| WEBSTER, Tim | 20yrs | 50m | Free | Div 2 | 31.05 | 31.75 | (37.00) ▲ |
| | | 50m | Fly | Div 1 | 33.77 | 35.63 | |
| | | 100m | Back | Div 1 | 1:32.98 | 1:48.99 | |
| | | 50m | Breast | Div 1 | 39.62 | 43.25 | |
| YOUNG, Clare | 10yrs | 200m | Breast | --- | | 4:18.99 | TT |
| | | 25m | Fly | Div 3 | 25.18 | 26.67 | (25.00) |
| | | 50m | Back | Div 2 | 57.65 | 1:04.13 | (46.00) |
| | | 50m | Breast | Div 2 | 55.21 | 58.17 | (49.00) |
| YOUNG, Declan | 13yrs | 200m | Breast | --- | | 3:26.19 | TT |
| | | 50m | Fly | Div 1 | 37.65 | 40.24 | |
| | | 100m | Back | Div 1 | 1:37.49 | 1:31.69 | PB |
| | | 50m | Breast | Div 1 | 40.70 | 41.77 | |

SUMMARY

59 Swimmers

204 Swims

63 PBs (30.9%)

11 Promotion Qualifiers

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